

ORIGINAL ARTICLE

Incidence and predictive factors of clinically relevant bile leakage in the modern era of liver resections

Antoine Guillaud^{1*}, Claire Pery^{1*}, Boris Campillo², Anne Lourdais², Sulpice Laurent¹ & Karim Boudjema¹

¹Service de Chirurgie Hépatobiliaire et Digestive, and ²Département d'Information Médicale, Centre Hospitalier Universitaire de Rennes, Université de Rennes 1, Rennes, France

Abstract

Objective: To evaluate the incidence, the impact on survival and the predictive factors of bile leakage (BL) in a recent large monocentric series of liver resections performed in a referral tertiary care centre.

Background: Previous reports dealing with bile leakage (BL) after liver resection are rare and have displayed conflicting results regarding incidence, impact on follow-up and predictive factors.

Methods: A retrospective review of the records of 912 patients who underwent a total of 1001 consecutive liver resections without biliary reconstruction, performed between January 2005 and May 2011. BL was defined by the presence of bile in the abdominal drains, a radiologically or surgically drained bilioma or biliary peritonitis. BL severity was established according to the Clavien–Dindo classification. Fifty-eight pre-, per- and post-resection variables were analysed and the independent BL predictive factors were identified using logistic regression.

Results: The incidence of BL was 8%. Clavien–Dindo I–II, IIIa, IIIb or IV rates were 29%, 35%, 32.5% and 2.5%, respectively. BL did not increase in-hospital mortality (2.5% versus 2.9%, $P = 1.0$), but doubled the median duration of hospital stay (16 versus 9 days, $P < 0.001$) and increased 1-year mortality (11% versus 5%, $P = 0.03$). Multivariate analysis identified that pre-operative bevacizumab [odds ratio (OR) = 2.9, confidence interval (CI) 95% = 1.58–5.41] $P = 0.001$, a major hepatectomy [OR = 2.6 (CI 95% = 1.48–4.76) $P = 0.001$], a two-stage hepatectomy [OR = 2.5 (CI 95% = 1.17–5.52) $P = 0.018$], the selective clamping technique [OR = 2.6 (CI 95% = 1.03–6.78) $P = 0.042$], R1 or R2 resection [OR = 2.6 (CI 95% = 1.52–4.64) $P = 0.001$] and the absence of a methylene blue test [OR = 2.6 (CI 95% = 1.43–4.65) $P = 0.002$] were independent risk factors of BL.

Conclusion: BL remains frequent after liver resection. It has a dramatic impact on patient survival and care costs. Its incidence could be reduced by avoiding the pre-operative use of bevacizumab, avoiding selective clamping and performing a blue dye test in all resections.

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Correspondence

Karim Boudjema, Service de Chirurgie Hépatobiliaire et Digestive, Centre Hospitalier Universitaire de Rennes, Université de Rennes 1, France. Tel: 00 33 2 99 28 98 41; Fax: 00 33 2 99 28 41 29; E-mail: karim.boudjema@chu-rennes.fr

Introduction

In the last decade, thanks to advances in surgical and peri-operative management, liver surgery has made considerable

progress underpinned by the reduction in peri-operative morbidity and mortality rates which are now below 45 % and 5%, respectively, in most series.^{1,2}

Among the complications of hepatic resection, bile leakage (BL) remains a serious problem. It promotes sepsis,³ prolongs hospitalization and may increase the cost of care. Recent series of hepatectomies without biliary anastomosis reported a BL incidence of between 3.6% and 10%.^{4–8}

In recent years, the indications for resection of colorectal cancer liver metastases (CRLM) have increased. The requirements for

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radical resection consist of larger and more complex resections, almost always including chemotherapy whose impact on post-hepatectomy morbidity has been demonstrated.⁹ The incidence of BL remains unclear in these patients while it delays the initiation of adjuvant therapy and may therefore alter the oncological outcome, although this has not yet been proven.

The aim of this study was to analyse the impact of BL on survival and identify the risk factors associated with BL in the modern age of liver resection in a referral tertiary care centre. Special attention was paid to CRLM.

Patients and methods

A retrospective analysis of patients undergoing partial hepatectomies without biliary anastomosis between January 2005 and May 2011 at the Department of Hepatobiliary and Digestive Surgery at Rennes University Hospital was performed. Local institutional review board approval was obtained.

BL assessment

BL was assessed in three different clinical situations: (i) the presence of bile in the abdominal drains when present; (ii) percutaneous or surgical drainage of a biloma, i.e. collection adjacent to the liver parenchymal cut surface as diagnosed by ultrasound or CT scan and bringing back bile after percutaneous drainage (PD); and (iii) biliary ascites or peritonitis found at laparotomy. BL were classified according to the International Study Group of Liver Surgery (ISGLS).¹⁰ The severity of BL was classified according to the Clavien–Dindo classification.¹¹

Surgical procedures

The surgical approach was almost always a laparotomy with a J-shaped right subcostal incision. An ultrasound was always performed per-operatively. Continuous or intermittent pedicle clamping (Pringle manoeuvre) or selective clamping of the pedicles for the segment to be resected were mostly performed. Portal and suprahepatic pedicles were cut transparenchymally except when the tumour had a close relationship with the origin of the right or left portal pedicles. In this situation, intra glissonian dissection was first performed for immediate section of the artery and portal vein. With very few exceptions, a parenchymal transection was performed using an ultrasonic dissector. Vessels or bile ducts encountered during the transection were coagulated, clipped or ligated according to their size. Electrocautery or argon beamers were used for additional raw surface haemostasis when necessary. Topical haemostatic agents such as fibrinogen-coated collagen patches or fibrin glues were rarely applied to the parenchymal cut surface. An intra-operative methylene blue test was commonly performed through a transcystic tube (C-tube) in order to detect BL. The C-tube was left in position and externalized through the skin. It was clamped on the fifth post-operative day in

the absence of BL and removed after 4 to 6 weeks in the outpatient clinic. Cholangiography with distal clamping was performed after surgery in case of doubt on the integrity of the biliary tract of the liver remnant.

Two closed-suction drains (pressure –700 to –950 mbar) were placed in the resection space and removed on the fifth post-operative day when drainage was minimal, serous and not bile stained. Outpatient monitoring with CT was performed at 30 days.

Definitions

Chemotherapy was considered recent if it was administered during the year prior to a hepatectomy. A period of 3 weeks and 6 to 8 weeks was mandatory between surgery and non-targeted or targeted chemotherapy, respectively.

Post-operative liver dysfunction became a failure when the ‘50-50 criteria’ were met (serum bilirubin level above 50 µmol/l and prothrombin time less than 50% on day 5 after surgery).¹²

The nomenclature of segments and types of hepatectomies performed followed ‘The Brisbane 2000 Terminology’.¹³ In this setting, a major hepatectomy was defined as resection of at least three liver segments and a minor resection was defined as resection of fewer than three segments, including a wedge resection.

Data collection and statistical analysis

Data collection was carried out to meet the main objective of the predictive analysis of BL. It consisted of 58 pre-operative, intra-operative or post-operative parameters.

Data were described by means and standard deviations for quantitative variables and by absolute and relative frequencies for qualitative variables. Median and range were used to describe the time data. First, the characteristics of both groups defined by the presence or the absence of post-operative BL were compared. Wilcoxon’s rank-sum test was used to compare quantitative parameters and Fisher’s exact test to compare qualitative parameters. Subsequently, all variables univariately significantly associated with the presence of BL with $P < 0.2$ were presented stepwise to a multiple logistic regression model to assess their independent link with BL status. Significant risk factors were selected with a forward strategy using likelihood ratio statistics, with $P = 0.05$ on the criterion level of selection. First, the selection was separately performed by block according to the three groups of parameters (pre-, intra- and post-operative factors). The final selection of each block-selected variable was performed a second time to complete the multivariate analysis. Statistical analyses were performed with SPSS Statistics 17.0 software for Windows (SPSS Inc., Chicago, IL, USA).

Results

The analysis included 1001 consecutive resections performed in 912 patients (68.6% men and 31.4% women). Two, three, four or five successive resections were performed in 70, 6, 1 and 1 patients,

Table 1 Patient characteristics

| Patient characteristics | |
|--------------------------------------|------------|
| Age (years) (median) | 64 [16;90] |
| Age ≥ 75 <i>n</i> (%) | 152 (15.2) |
| Gender <i>n</i> (%) | |
| Female | 318 (31.8) |
| Male | 683 (68.2) |
| BMI (kg/m ²) (median) | 25 [14;57] |
| Pre-operative cirrhosis <i>n</i> (%) | 120 (12) |
| Child–Pugh A | 120 (11.5) |
| Child–Pugh B | 2 (0.2) |

BMI, body mass index.

Table 2 Indications for hepatectomies

| Indication for hepatectomies | <i>n</i> (%) |
|------------------------------|--------------|
| Metastatic liver tumour | 504 (50.3) |
| Colorectal metastasis | 428 (42.7) |
| Other liver metastasis | 76 (7.6) |
| Primary liver tumours | 497 (49.7) |
| Hepatocellular carcinoma | 276 (27.6) |
| Cholangiocarcinoma | 68 (6.8) |
| Other malignancies | 31 (3.1) |
| Benign liver lesion | 122 (12.2) |

Table 3 Pre-operative treatment for metastatic tumours

| Pre-operative treatment for metastatic tumours (<i>n</i> = 504) | |
|--|-------------|
| Chemotherapy | 430 (85.3%) |
| Long-standing chemotherapy | 64 (12.7%) |
| Recent chemotherapy | 366 (72.6%) |
| Bevacizumab | 93 (18.4%) |
| Cetuximab | 48 (9.5%) |

respectively. Patient characteristics and an indication for hepatectomies are summarized in Tables 1 and 2.

During the study period, 62 hepatectomies were performed in 38 patients in a two-stage strategy. The indication for this procedure was metastatic colorectal cancer except in two patients who had two hepatectomies for multiple bilobar hepatocellular adenomas and metastases of a gastrointestinal stromal tumour, respectively. In 17 out of 36 patients, a colorectal resection was combined with a first-stage hepatectomy (Table 3).

Incidence and characteristics of bile leakage

The incidence of BL was 8% (80/1001). The results are presented in Table 4. A median of 157 hepatectomies (range: 54–175) were performed yearly and the rate of BL was not different vis-à-vis the year of liver resection ($P = 0.63$) (Fig. 1).

The classification and severity of BL are reported in Table 5.

Table 4 Characteristics of bile leakage

| | |
|--------------------------------------|-----------------|
| Bile leakage | 80/1001 (8%) |
| Median time between operation and BL | 8.5 days [1;90] |
| Diagnosis | |
| • Bile into the abdominal drain | 37/80 (46%) |
| • Biloma | 42/80 (53%) |
| Clinical presentation: | |
| Fever | 27/42 |
| Abdominal pain | 4/42 |
| Both fever and abdominal pain | 7/42 |
| Incidentally | 4/42 |
| • Biliary peritonitis | 1/80 (<1%) |

BL, bile leakage.

BL healed with a median duration of 26 days (range: 1–153). In the group of BL diagnosed as the presence of bile in the surgical drain, 23 out of 37 had spontaneous healing after a median period of 14 days (range, range: 1–73). In this group, an endoscopic procedure and percutaneous drainage were necessary for 11 out of 37 and 3 out of 37 resections, respectively. The median duration of biloma healing after percutaneous drainage was 31 days (range: 3–150).

For patients who had a hepatectomy without BL, the median overall duration of hospitalization was 9 days (range: 1–113). It was longer in BL patients [16 days, (range: 9, 91) ($P < 0.001$)]. For non-BL and BL patients, hospital mortality rates were 2.9% and 2.5%, respectively (NS). As compared with non-BL patients, the overall 1-year survival rate was significantly lower in BL patients (89% versus 94.5%, $P = 0.035$).

The overall morbidity rate was 41.3% (413/1001). Various post-operative complications are reported in Table 6. In the BL group, 40% of the patients had at least one associated complication.

Predictive factors for bile leakage

The factors associated with bile leak on univariate analysis are shown in Table 7.

Among the 26 out of 62 two-stage hepatectomies which completed the surgical procedure with curative intent, the median time between the first and second stages was 3.2 months (range: 1.8–11.8). BL occurred in 9 out of 26 two-stage hepatectomies, 4 out of 26 after the first stage and 5 out of 26 after the second stage.

Among the 652 anatomical resections, 227 were right hepatectomies and 24 were left hemi-hepatectomies. The Hanging manoeuvre was performed in 93 out of 251 patients who underwent a right or left hepatectomy.

The BL rate was not different depending on whether or not this manoeuvre was used to cut the liver parenchyma ($P = 0.173$).

The results of the multivariate analysis are reported in Table 8.

Discussion

The aim of this study was focused on the incidence and predictive factors of BL after hepatic resection without biliary anastomosis.

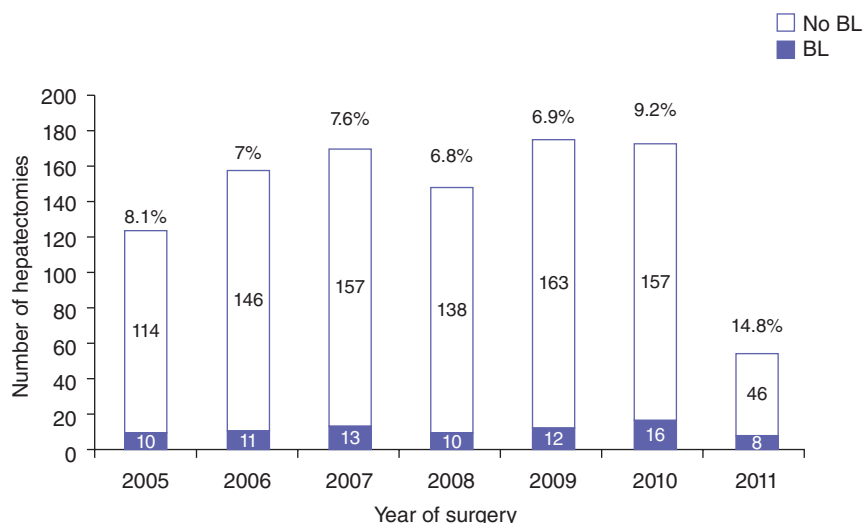


Figure 1 Incidence of bile leakage related to the year of surgery

Table 5 Severity of bile leakage

| Classification | n (%) |
|----------------|-----------|
| Clavien-Dindo | |
| I | 6 (7.5) |
| II | 17 (21.2) |
| IIIa | 28 (35) |
| IIIb | 26 (32.5) |
| Iva | 2 (2.5) |
| IVb | 0 (0) |
| V | 1 (1.3) |
| ISGLS | |
| A | 6 (7.5) |
| B | 62 (77.5) |
| C | 12 (15) |

ISGLS, International Study Group of Liver Surgery.

It covered a recent and large population of operated patients, at a time when liver surgery has been enriched by sophisticated techniques such as, two-stage surgery, repeat hepatectomy and involving chemotherapy whose hepato-toxic effects have been demonstrated.¹⁴ This study has shown that BL is still common, lengthens the duration of hospitalization, increases morbidity and is associated with a reduced 1-year survival.

The complexity of strategies, i.e. two-stage hepatectomies and major resection, R1 or R2 resection, and the use of bevacizumab in patients with colorectal liver metastasis, were independent risk factors for developing a bile leak. The use of the methylene blue test was shown to be effective in reducing the incidence of BL; however, this finding should be tempered by the fact that patients who had a second resection may not have had a blue test at the time of the second set.

The present study is the first to show a reduction in patient survival when BL occurs. This could be as a result of the fact that

Table 6 Overall post-operative complications

| | n (%) | Without BL (n = 921) | With BL (n = 80) | P |
|------------------------------|------------|-------------------------|---------------------|-------|
| Overall morbidity | 413 (41.3) | - | - | - |
| Bile Leakage | 80 (8) | - | - | - |
| Other type of complication | 333 (33.3) | 300 | 33 | 0.137 |
| Hepatic failure | 29 (2.9) | 24 | 5 | 0.074 |
| Intra-abdominal bleeding | 37 (3.7) | 35 | 2 | 0.762 |
| Intra-abdominal abscess | 46 (4.6) | 41 | 5 | 0.406 |
| Abdominal wall abscess | 9 (0.9) | 8 | 1 | 0.529 |
| Gastrointestinal leakage | 11 (1.1) | 10 | 1 | 0.6 |
| Ascites | 41 (4.1) | 39 | 2 | 0.766 |
| Pulmonary complication | 65 (6.5) | 56 | 9 | 0.092 |
| Urinary complication | 28 (2.8) | 25 | 3 | 0.484 |
| Thrombo-embolic complication | 15 (1.5) | 8 | 7 | <10-3 |
| Infectious complication | 52 (5.2) | 47 | 5 | 0.830 |

BL, bile leakage.

CRLM were in high proportion and that BL could delay the initiation of adjuvant therapy and therefore worsen the prognosis. Another study is being performed to confirm this supposition.

Half of the hepatectomies performed during the study period were indicated to resect metastatic disease, the majority of which were from colorectal cancer. Peri-operative chemotherapy strategies have become frequent in the treatment of CRLM. Pre-operative chemotherapy with bevacizumab has never been shown to increase overall morbidity.¹⁵⁻¹⁸ In the present study, the BL rate was significantly increased when patients received bevacizumab pre-operatively. Although we cannot support this statement with evidence, we suggest that the antiangiogenic effect of bevacizumab could have delayed the healing of minor bile leakage.

Table 7 Predictive factors of bile leakage: univariate analysis

| Factor | Without BL (n = 921) | With BL (n = 80) | P |
|--|-------------------------|---------------------|-------|
| Pre-operative factors | | | |
| Age >75 years | 144 | 8 | 0.197 |
| Recent chemotherapy | 319 | 47 | <10-3 |
| Associated biotherapy | 117 | 20 | <10-3 |
| Bevacizumab | 74 | 19 | <10-3 |
| Portal vein embolization | 99 | 13 | 0.139 |
| Intra-operative factors | | | |
| Laparotomy | 879 | 80 | 0.043 |
| Duration of surgery (min)(min-max) | 155 (30–620) | 202 (90–480) | <10-3 |
| Two-stage hepatectomy | 49 | 13 | 0.001 |
| Repeat hepatectomy | 159 | 24 | 0.016 |
| Blood transfusion | 193 | 31 | <10-3 |
| Major hepatectomy | 481 | 58 | <10-3 |
| Non-anatomical hepatectomy | 225 | 16 | 0.13 |
| Right hepatectomy+segment 1 | 15 | 4 | 0.058 |
| Extended right hepatectomy+ segment 1 | 7 | 4 | 0.008 |
| Left hepatectomy+segment 1 | 19 | 5 | 0.036 |
| Segment 3 | 12 | 3 | 0.111 |
| Segment 5 | 12 | 3 | 0.111 |
| Segment 6 | 18 | 4 | 0.092 |
| Right posterior sectionectomy | 53 | 1 | 0.117 |
| Wedge of segment 1 | 14 | 3 | 0.148 |
| Portal vein ligation | 35 | 7 | 0.072 |
| Intra-operative radiofrequency | 40 | 7 | 0.092 |
| Vascular-associated resection | 16 | 4 | 0.068 |
| Venous resection | 14 | 4 | 0.049 |
| Portal vein resection | 5 | 3 | 0.021 |
| Selective clamping | 87 | 15 | 0.042 |
| Pedicular clamping (min-max) | 26 (1–110) | 29.5 (3–91) | 0.091 |
| Vena caval clamping (min-max) | 25 (1–85) | 16 (2–37) | 0.056 |
| No methylene blue test | 470 | 50 | 0.061 |
| Raw cut treatment | 234 | 30 | 0.024 |
| Fibrin glue | 78 | 15 | 0.007 |
| Surgical drain | 823 | 77 | 0.052 |
| Anatomopathological factors | | | |
| Metastasis | 457 | 47 | 0.13 |
| Resection R1 or R2 | 120 | 25 | <10-3 |

BL, bile leakage.

Table 8 Predictive factors of bile leakage: multivariate analysis

| Factor | OR | 95% CI |
|------------------------------------|------|-----------|
| Use of bevacizumab | 2.92 | 1.58–5.41 |
| Major resection | 2.65 | 1.48–4.76 |
| R1 or R2 resection | 2.65 | 1.52–4.64 |
| Selective clamping | 2.65 | 1.03–6.78 |
| Absence of the methylene blue test | 2.57 | 1.43–4.65 |
| Two-stage surgery | 2.55 | 1.17–5.52 |

OR, odds ratio; CI, confidence interval.

As far as a two-stage hepatectomy for metastases is concerned, the Princes study by Adam *et al.*¹⁹ did not report BL among the post-operative complications. Since then, only four other studies reporting the results of two-stage hepatectomies have considered BL^{20–23} and none of them reported BL after the first stage. However, BL after the second stage ranged from 2.6% to 21%. As compared with these data, although the incidence of leakage after the second hepatectomy was similar, the current rate of BL after the first hepatectomy was higher than previously reported. This may be because of the fact that our strategy was to achieve radical resection of liver remnant metastases rather than use local destruction methods such as radio frequency ablation or cryotherapy. This choice relies on the fact that, as compared with thermal ablation, radical resection has been shown to reduce recurrence and improve survival.²⁴

Among the studies on the risk factors of BL after a hepatectomy, only a single retrospective study reported, in univariate analysis, an increase of BL in R1 and R2 surgery.²⁵ This may be related to injuries to major Glissonian sheaths when attempting resection of adherent or invasive lesions. Another explanation would be persistent tumour tissue at the cut surface, forming a brittle zone with biliary alterations which is the source of leaks.

The methylene blue test was associated with a reduced incidence of BL. This was in line with the results of Lam *et al.*⁵ who analysed BL in a series of 616 consecutive liver resections for malignant or benign tumours. In this study, the methylene blue test was performed on 304 patients (49%) and was associated with a significant reduction in BL incidence. However, the value of intra-operative tests to prevent BL is still debated.^{26,27} Indeed, it has been argued that dye tests do not check for leaks from excluded segments and that the injection of dye through the cystic duct could be responsible for barotrauma which can break the fragile ligatures and ultimately create a leak or be the cause of reflux cholangitis.²⁸ Moreover, a dye test makes it necessary to perform a cholecystectomy which is not always necessary in minor or wedge liver resections, may not be feasible during iterative liver resection and has a specific morbidity.²⁹

Conclusion

BL is still common after a hepatectomy and it prolongs hospitalization and alters survival. The advent of biotherapies and the complexity of the strategies are risk factors.

The methylene blue test could be a good way to reduce the incidence of BL.

Bevacizumab is the only biotherapy that has obtained marketing authorization for the first-line treatment of liver metastases of colorectal cancer. In our hands, its administration was associated with an increased risk of BL, an observation that raises the question of the time interval between the end of administration of bevacizumab and liver resection.

Conflicts of interest

The authors of this manuscript have no conflicts of interest to disclose as described by the journal. The manuscript is not funded in part or full by any entity.

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